



Chhatrapati Shahu Ji Maharaj University Kanpur

(FORMERLY KANPUR UNIVERSITY, KANPUR)

Policy

for

Participation in Sports, Co/Extra Curricular Extension and Cultural Activities

PREAMBLE

We encourage our students to take part in Co-Curricular, Extra-Curricular, Extension and other cultural activities.

The associations of eleven Schools offered in the institution act as a platform for the students in organizing many co-curricular activities to exhibit their creative talents and inner potentials in their respective disciplines.

UNIVERSITY UNION & AFFILIATED ASSOCIATIONS

The University union is the main organization of the student body of the college. It consists of:

- All the affiliated associations of the different Schools of University Campus
- All the students on roll from the different Schools of University Campus
- The staff members are in charge of the union and the various associations

Selection of Union Members

The Student Chairman, Secretary, and the Joint Secretary are selected by the staff council.

The Students Chairman and Secretary will be selected from the final year classes only.

The Joint Secretary will be selected from the second year classes.

The union operates through the main committee, a sub-Committee of secretaries of all the affiliated associations under the patronage of the Director/Dean/Head who is the Ex-Officio President of the union. Two senior members of the teaching faculty nominated by the respective schools are the advisers of the union.

- Adviser
- Adviser
- Union Chairman
- Union Secretary

The aims of the union are to enhance the personality of the students and to encourage social and cultural activities among the students.

EXTRA-CURRICULAR ACTIVITIES AND FACILITIES IN THE UNIVERSITY CAMPUS

For physical development, students participate in **Yoga, Aerobics and Karate and regular games periods** form an important part of the schedule.

The University has Hobby Clubs, such as those listed below, which provide opportunities to our students to develop into intelligent and responsible young citizens.

1. CULTURAL CLUB
2. FITNESS CLUB
3. GARDENING CLUB
4. PHOTOGRAPHY CLUB
5. LITERARY CLUB
6. ROBOTICS and DRONE CLUB
7. COOKING CLUB
8. CODING CLUB
9. SPORTS & GAMES CLUB

For a more complete list see Clubs and Moderators to the link provided <http://csjmu.ac.in/hobby-club/>

Sports and Extra-Curricular Activities:

Study and sports are two linked components of our learning process and will always be important for an individual. A healthy mind can exist only in a healthy body. It is rightly said that a healthy nation can be built if the citizens are physically fit. The mental pressure and tension arising out of the fast modern life can only be released in the playground and therefore, healthy diet and fitness have gained a new status in today's world.

Physical Education and participation in games and co-curricular activities are a compulsory part of every student's education and parents are expected to extend all co-operations in this regard. Maximum participation is expected from every student and exception will be made only for those who are physically unable to participate. In such cases, proper medical certificate should be submitted by the parents.

All team games (Basketball, Football, Volley ball, Cricket, Hand ball, Kho Kho etc) are played from the primary level and expert coaching is provided. Students are encouraged to participate in indoor and outdoor games and athletics. Students who are selected in the school team must report for coaching whenever called. Irregularity of attendance will lead to disciplinary action being taken against the student. To maintain a high standard of performance regular tournaments are conducted in all games. Students who maintain a high standard of performance are suitably rewarded and they are encouraged to participate at the State and National levels.

In CSJMU the faculties always participate in student activities to make overall development possible in the student community. Our Sports complex is well equipped with all necessary infrastructural facilities for indoor and outdoor sports.

Available Sports Facilities in the University Campus

1. Multipurpose Indoor Sports Complex

1. Synthetic Badminton Court- 2
2. Synthetic Table Tennis Hall - 2 (6 Table)

2. Outdoor Facility

1. Clay Volleyball court - 2
2. Basketball Court 03, with flood light- 1

3. Kho-Kho Court- 02
4. Kabbadi Court - 02
5. Cricket Ground with Mini pavilion- 01
6. 400 mtr Running Grassy Track with Long Jump, High Jump, Discuss and Shot-put Throw
7. Standard Size Swimming Pool – 01
8. Football Ground – 01
9. Hockey Field (Grass) – 01
10. Handball Court – 02
11. All the necessary equipment's for various games.

3. One Modern Gymnasium Hall with all latest Gym equipment's.

Level of Sports Tournaments Organized:

1. Inter-collegiate Tournament
2. Inter-university Tournament
3. University Coaching Camp
4. Open tournaments organized by different Clubs

Along with the academic curriculum, the students were also trained for the development of skills and excellence in various sports activities. For this reason, Inter-Collegiate competitions for several games like chess, table-tennis, badminton, kabaddi, volley ball, basketball, kho-kho, cricket, weight-lifting, athletics, cultural activities, essay, debate and elocution competitions etc. are regularly arranged at various affiliated colleges. The selected students from Inter-Collegiate competitions are nominated for Inter-University participation.

CO-CURRICULAR AND EXTRA-CURRICULAR ACTIVITIES

The following co-curricular and extra-curricular activities have to be conducted on regular basis apart from a compulsory credit based evaluation for all students. For each year of study there is a four credit courses in the University Campus and is compulsory for all students. Students will be evaluated on the basis of their participations in voluntary services, performance in games and sports, performance in literary activities, performance in cultural activities and their participation in District/Regional/State/National and International level events.

Moreover the students have to participate in Youth Parliament at National Level, Youth Festival in Zonal and Inter Zonal Level and also participate in various Technical Events.

The following activities are regularly conducted in the Institute and/or participated by students outside the institute.

- NSS Camps and Cleanliness Drives throughout the year.
- Special Annual Winter Camp.
- Sports, Cultural, Literary Activities,
- NCC, NSS
- Annual Intra-Faculty and Inter-Faculty Cultural and Sports Competitions,
- Inter-University Youth Festivals,
- Model Parliament etc.

- Bi-monthly/Annual DEI (Diversity, Equity and Inclusion) News and Magazine
- Student technical Newsletter.
- Wall magazines.
- Yoga and Karate (Self Defense) Classes for girls.
- Inter-University English Drama Festival,
- Inter-University Hindi Drama Festival,
- Celebration of National Days,
- Open day (31st January),
- Founder's Day (20th December)
- Bhakti Sangeet,
- Yoga Day,
- Science Day
- Engineers Day
- Army Flag Day
- Communal Harmony Day
- Value Day (on Deepavali)
- Student Systems Conference
- Sci-Hi
- Teacher's Day
- Special events are organised on birth anniversary of renowned persons

The Institute has to organize Cultural Activities regularly throughout the year for the all-round development of students. In addition to the compulsory component, competitions are organized at Faculty, Institute and Inter-Institute levels in different categories viz. Literary, Fine Arts, Dance, Dramatics and Music.

Students of the Institute have motivated to participated in several Zonal and National Youth Festivals and have won laurels for the Institute.

The Institute has to organize Youth Parliament competition under the aegis of the Ministry of Parliamentary Affairs (Govt. of India).

THE CO-CURRICULAR AND EXTRA-CURRICULAR ACTIVITIES WHEREIN THE STUDENTS MUST BE PARTICIPATED EVERY YEAR ACROSS THE ACADEMIC CALENDAR:

S. No.	Item
A	Competitions at Faculty Level
B	Competitions at Institute Level
C	Competitions at Inter-Institute Level on the theme “Quality & Values in Education”
D	Hindi and English Drama Festivals (Inter-Institute)
E	Teachers’ day
F	Faculty Level and Institute Level Annual Prize Distribution Functions
G	Summer/Winter Training Camp
H	Youth Festivals (Competitions outside the Institute)
I	University Annual Day

The publication of the calendar for Cultural, Literary, Dance, Theatre and Fine Arts Activities for each academic session be are as follows:

A. COMPETITIONS AT FACULTY LEVEL

S. No.	Event	Date	Venue	Remark
1	Essay Writing (Hindi/English)			
2	Poster making & Cartooning			
3	Elocution (Hindi)			
4	Elocution (English)			
5	Mime & Mimicry			
6	Debate (Hindi)			
7	Debate (English)			
8	Skit			
9	On the Spot Painting & Collage			

10	Clay Modelling & Rangoli			
11	General Knowledge Quiz (Written)			
12	Spot Photography & One Act Play (Hindi/ English)			
13	Light & Classical Vocal Solo			
14	Bhakti Sangeet			
15	Light Vocal (Group), Classical Instrumental Solo (Percussion & Non-Percussion), Folk Orchestra			
16	Theatrical Script Writing (H/E)			
17	Western Vocal (Solo & Group)			
18	Folk/Tribal Dance (Solo & Group), Classical Dance (Solo)			
19	Satirical Creative Writing (Hindi/English/ Sanskrit) & Translation (English-Sanskrit, Sanskrit-English)			
20	Poetry Recitation (Self Composed) – (Hindi/English/ Sanskrit)			
21	Antakshari (Hindi/English/ Sanskrit)			
22	Dumb Charades			
23	Crazy Ideas (Hindi/English)			
24	Street Play (Hindi/English)			
25	Youth Parliament			

B. COMPETITIONS AT INSTITUTE LEVEL

S. No.	Event	Date	Venue	Remark
1	<u>Inter-Faculty Competitions Phase-I</u> Elocution, Essay, Debate, GK Quiz-Oral, Mime, Mimicry, Fine Arts, Theatrical Script Writing, One Act Play (Hindi)			
2	National Days			
3	<u>Inter-Faculty Competitions Phase-II</u> Indian & Western Music Items, Dance, Dumb Charades, Satirical Creative Writing, Translation, Poetry, Crazy Ideas, Street Play and Antakshari			

C. COMPETITIONS AT INTER-INSTITUTE LEVEL ON THE THEME "QUALITY & VALUES IN EDUCATION"

S. No.	Event	Date	Venue	Remark
1	Poster Making & Cartooning			
2	Bhakti Sangeet (Devotional Music)			
3	Elocution (Hindi/English) (Quality & Values Day)			

D. INTER-INSTITUTE HINDI AND ENGLISH DRAMA FESTIVALS

S. No.	Event	Date	Venue	Remark
1	English Drama Festival			
2	Hindi Drama Festival			

E. TEACHERS' DAY

Event	Date	Venue	Remark
Felicitation of Retired Teachers of DEI			

F. FACULTY LEVEL AND INSTITUTE LEVEL ANNUAL PRIZE DISTRIBUTION FUNCTIONS

Event	Date	Venue	Remark
Faculty Level Annual Function			
Institute Level Annual Function			

G. SUMMER / WINTER TRAINING CAMP

A number of students of the University have to be participated enthusiastically in the Summer/Winter Training camp organized in the Institute. Some of them also played a key role as a member of the organizing team.

Event	Date	Venue	Remark
Summer/Winter Training camp			

H. YOUTH FESTIVALS/ National Youth Parliament

Students of the Institute has to be represented the Institute in various events in the North Zone Youth Festival and National Youth Festival during each sessions.

I. University Annual Day

During the Annual day of the University, all the students along with teachers, administrators, staff persons should be felicitated for their commitment of work in their respective fields.

OTHER EXTRA-CURRICULAR ACTIVITIES:

Various committees and clubs such as Youth Welfare, Quiz, Road Safety Patrol, Citizen Consumer Club and Nature club of our college play a vital role in enhancing the students' overall personality and inculcating the qualities of leadership and teamwork.

NSS Activities

The NSS units of the Institute have to be organizing variety of programs/ campaign for making campus and surroundings clean and green. These programs should be organized in Regular NSS Classes, One Day NSS Camps and Special Programs e.g., Seven Day NSS Camps.

Alumni Meet

All the Faculty of the Institute and alumni association of the Institute has to jointly organize a silver jubilee reunion meet every year in the month of December/January. The alumni, teachers and students share their experience, knowledge and ideas.

Sports & Games

The Institute has to organize various sports and games at different levels. Wherein student should be motivated to participate in various games such as Football, Hockey, Cricket, Volley ball, Basket Ball, Lawn Tennis, Table Tennis, Badminton, Cricket, Kho-Kho etc.

Swimming and Gymnasium facilities are available in Campus. Games are the part of a compulsory core course of the Institute and therefore, slots should be provided in the Time Table and students should be motivated to take part in these activities every week on regular basis.

Football practice should be starts from July and goes up to September. Cricket and Hockey practice should be held from November to March. Volley Ball and Basket Ball are open throughout the year. Intra-Faculty and Inter-Faculty competitions has to be regularly organized in all games every year. Prizes and certificates should be awarded to the winners on the Annual Day.

Sports

All event of Athletics (100 m race, 200 m race, 400 m race, 800 m etc.), jumps (long jump, high jump, hop step & jump etc.) and throws (javelin throw, discuss throw, shot put etc.) must be conducted every year. Athletics competitions have to be held in during the period of December to February. Best performers of Intra-Faculty competitions represent the Faculty at the Institute level. The winners should be awarded by prizes on the annual sports day.

National Unity Day

National unity day has to be celebrated on 31st October. On the occasion of this day various activities such as special lecture, debates, poster presentations, essay writing and others competition should be performed.

National Days"

National Days" should be celebrated every year on in remembrance of the persons related to their contribution toward the Nation. On the occasion of these day different competitions as like, debates, sketches, speeches etc. should be performed.

National Youth day

The birthday of Revered Swami Vivekananda, 12th January, has to be celebrated as National Youth Day in the Institute. The ideas, thoughts, visions etc. are discussed with the students. The students will be encouraged with the messages of Swami Vivekananda.

Founder"s Day

University is set to celebrate its foundation Day. A number of events would be held to mark. On this occasion a photo cum poster exhibition is organized depicting the various general activities and special activities carried out.

Independence Day Celebrations

15th August is celebrated as Independence Day. A variety of activities such cultural activities, social activities and others are performed. Students are also motivated by the telling them various stories of our freedom fighters.

Republic Day Celebrations

26th January is celebrated as Republic Day. Several cultural activities and social activities are performed. Students are also informed with the visions of the makers of our Constitution.

Hindi Diwas

Hindi Diwas is celebrated on 14th September every year in the Institute. Various activities such as poetry recitation, prose recitation, essay writing, plays etc. will be performed on this occasion.

Earn while you learn

Economically weaker students of the institute are encouraged by awarding free ships/scholarships from the „**Earn while you learn scheme**“ of the institution implemented from the year 2022-23. The needy and interested students should be given an opportunity to work in the institute at various places in library, automobile, canteen, hostels, accounts section, administrative sections, solar system maintenance etc. part time and paid basis.

Work in Agricultural Farms

Students are made to till the soil by working in the agricultural fields during the Agriculture Operations class (a compulsory core course). This certainly makes them understand the importance of “dignity of labor” and helps in imbining in them the feeling of “service to humanity”.

DEI Magazine and News Letter

Bi-monthly DEI News Letter makes everyone aware of the activities and the progress going on in the Institute. Annual DEI Magazine gives opportunity to the students to bring out their literary talent and express their ideas on one or the other topic.

Green eco-friendly Campus

DEI has become an eco-University by solar power and other eco-friendly acts which avoid pollution in all its forms.

Water Harvesting

Extensive water harvesting facilities have been installed in the campus.

Innovative e-waste management

The Institute has come up with several ideas to utilize e-waste by converting it into some Art objects.

Plantation

Campus is made Green by extensive plantation by NSS volunteers. Institute works in collaboration with the many other NGO, which is committed to preserve the Ecology and Heritage of Kanpur region.

Workshops

Regularly organize workshops and seminars for the benefit of faculty and students on Participation Policy for (Sports, co/extracurricular, extension and cultural activities).

Road Safety Patrol:**Staff -in-Charge:****Activities:**

- Educating Road Safety Rules and Regulations
- Creating awareness regarding safety measures for preventing major accidents
- Motivating and guiding students to serve others
- Conducting several awareness programs and lectures

Value Education:**Staff -in-Charge:****Activities:**

- Conducting value education classes in every Friday with particular topic.
- Arranging Essay competition at the end of the year and distributing prizes to winners.

Youth Welfare:**Staff -in-Charge:****Activities:**

- Organizing Youth Festival (on-stage and off- stage Events) function for every year.
- Arranging prize distribution for the winners of youth festival in chairman's birthday.
- Motivating and making the students to participate in the competitions which will be conducted by other colleges.

Quiz club:**Staff -in-Charge:****Activities:**

- Conducting IAS Model Examination and Bank Model Examination for all students.
- Motivating the students to participate in the competitions which will be conducted by other colleges.

Citizen Consumer Club:**Staff -in-Charge:****Activities:**

- Arranging exhibition to explore "Natural and Healthy Foods".
- Celebrating World Consumer Rights Day every year on March 12.
- Organizing lectures like consumer rights and laws with advocates.
- Conducting competitions such as elocution, verse writing and drawing to create awareness of consumer rights, duties, roles etc.

Extension Activities:

The National Service Scheme and Youth Red Cross of our institution organize various extension activities and outreach programmes to bring out the virtues of service to the society and the social responsibility in the minds of young ones.

National Service Scheme (NSS) -Unit No. & ... Programme Officers:

Unit No. – Dr.....

Unit No. – Dr.....

Activities:

- Celebrating secular celebrations
- Cleaning college campus
- Arranging Coastal Cleaning Programme
- Organizing road safety awareness program
- Organizing special camp to drive enrollment voters and voters awareness program
- Organising one-week special camp in the village during the camp period
- Planting tree saplings, organising medical camps and blood donation camp.

Youth Red Cross (YRC):

Program Officer:

Activities:

- Arranging Healthy food Exhibition
- Creating „Voting Awareness among the students
- Arranging Rain Water Harvesting Rally from our college to nearby village Gandhipuram.
- Arranging tree plantation programme and motivating the students to plant medicinal value plants in our college campus
- Conducting wealth from waste products exhibition and giving prize to the best products
- Inculcating cleanliness to students by cleaning the campus and making a green campus with them

Physical Education & SPORTS:

Director of Physical Education/Sports:

Activities:

- Conducting Annual sports day in every February.
- Encouraging and preparing the students to take part in the sports activities conducted by various levels such as inter-collegiate level, state level etc.
- Participate in extension, co-curricular and extra-curricular activities, including the community service.
- Refrain from allowing considerations of caste, creed, religion, race, gender or sex in their professional endeavour.




REGISTRAR
Chhatrapati Shahu Ji Maharaj University,
Kanpur